

Croydon Vision - Eat well, Live well and Age well

Monday 1st April
(Includes main course and dessert)
BANK HOLIDAY

Tuesday 2nd April
(Includes main course and dessert)

Meat: Pasta Bolognese served with steamed vegetables

Fish: Baked Haddock served with potatoes and steamed vegetables

Dessert: Homemade rice pudding with jam or fruit salad with yogurt or ice cream

Wednesday 3rd April
(Includes main course and dessert)

Meat: Meatball stew served with rice or potatoes and steamed vegetables

Fish: Baked cod served with potatoes and steamed vegetables

Dessert: Homemade strawberry angel delight or fruit salad with yogurt or ice cream

Thursday 4th April
(Includes main course and dessert)

Meat: Shepherd's pie served with steamed vegetables and gravy

Fish: Baked salmon served with potatoes and steamed vegetables

Dessert: Homemade blueberry crumble with custard or fruit salad with yogurt or ice cream

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Monday 8th April

(Includes main course and dessert)

Meat: Beef pasta Bolognese served with steamed vegetables

Fish: Baked cod served with potatoes and steamed vegetables

Dessert: Fruit salad with yogurt or ice cream

Tuesday 9th April

(Includes main course and dessert)

Meat: Stew Chicken served with rice or potatoes and steamed vegetables

Fish: Baked cod served with potatoes and steamed vegetables

Dessert: Homemade chocolate base cheesecake or fruit salad with yogurt or ice cream

Wednesday 10th April

(Includes main course and dessert)

Meat: Beef casserole served with mash and steamed vegetables

Fish: Baked cod served with potatoes and steamed vegetables

Dessert: Homemade semolina pudding or fruit salad with yogurt or ice cream

Thursday 11th April

(Includes main course and dessert)

Meat: Roast chicken served with roast potatoes, steamed vegetables and gravy

Fish: Baked haddock served with roast potatoes and, steamed vegetables and Yorkshire puddings

Dessert: Homemade strawberry trifle or fruit salad with yogurt or ice cream

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Monday 15th April
(Includes main course and dessert)

Meat: Chicken and potato bake served with steamed vegetables

Fish: Baked cod served with potatoes and steamed vegetables

Dessert: Fruit salad with yogurt or ice cream

Tuesday 16th April
(Includes main course and dessert)

Meat: Chicken fried rice served with steamed vegetables

Fish: Baked salmon served with potatoes and steamed vegetables

Dessert: Homemade panna-cotta with berries or fruit salad with yogurt or ice cream

Wednesday 17th April
(Includes main course and dessert)

Meat: Steak and vegetable pie served with steamed vegetables

Fish: Baked cod served with potatoes and steamed vegetables

Dessert: Homemade chocolate brownies with custard or fruit salad with yogurt or ice cream

Thursday 18th April
(Includes main course and dessert)

Meat: Beef lasagne served with steamed vegetables

Fish: Baked salmon served with potatoes and steamed vegetables

Dessert: Homemade plum tart with custard or fruit salad with yogurt or ice cream

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Monday 22nd April
(Includes main course and dessert)

Meat: Beef stew served with mash and steamed vegetables

Fish: Baked haddock served with potatoes and steamed vegetables

Dessert: Fruit salad with yogurt or ice cream

Tuesday 23rd April
(Includes main course and dessert)

Meat: Chicken tikka masala served with rice or potatoes and steamed vegetables

Fish: Baked salmon served with potatoes and steamed vegetables

Dessert: Homemade bread and butter pudding served with custard or fruit salad with yogurt or ice cream

Wednesday 24th April
(Includes main course and dessert)

Meat: Roast chicken served with roast potatoes, steamed vegetables and gravy

Vegetarian: Meat free sausage served with potatoes, steamed vegetables and gravy

Dessert: Homemade pear crumble with custard or fruit salad with yogurt or ice cream

Thursday 25th April
(Includes main course and dessert)

Meat: Roast beef served with roast potatoes, steamed vegetables and gravy

Fish: Baked cod served with potatoes and steamed vegetables

Dessert: Homemade jam roly-poly with custard or fruit salad with yogurt or ice cream

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Monday 29th April

(Includes main course and dessert)

Meat: Beef burgers served with chips and baked beans

Fish: Baked cod served with potatoes and steamed vegetables

Dessert: Fruit salad with yogurt or ice cream

Tuesday 30th April

(Includes main course and dessert)

Meat: Shepherd's pie served with steamed vegetables and gravy

Fish: Baked Haddock served with potatoes and steamed vegetables

Dessert: Homemade chocolate angel delight or fruit salad with yogurt or ice cream

Wednesday 1st May

(Includes main course and dessert)

Meat: Pasta in tomato sauce served with meatballs and steamed vegetables

Fish: Baked haddock served with potatoes and steamed vegetables

Dessert: Homemade chocolate brownies with custard or fruit salad with yogurt or ice cream

Thursday 2nd May

(Includes main course and dessert)

Meat: Roast chicken served with roast potatoes, steamed vegetables and gravy

Fish: Baked salmon served with roast potatoes and steamed vegetables

Dessert: Homemade panna cotta with berries or fruit salad with yogurt or ice cream